

MEGA swim 26: Session: 2: COACH evaluation sheet for TEAM: RSCM

Coachinfo: Warming up from: 13:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Den Broeck Maya HEADCOACH

Coaches: De Maerschalck Ella

Coaches: Haesen Sebastian

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:1, starttime: 15:50
Heat: 1/17 Lane : 3 Athlete: GEENTJENS KOBE			Q-time: 99:99:99
PB (50m pool): 01:38.34 Izegem 25/06/2022			PB (25m pool): 01:25.30 SB: no time
PB	5 0 M	1 0 0 M	
	no time	01:38.34	
	no time		
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:2, starttime: 15:50
Heat: 2/17 Lane : 4 Athlete: VAN DEN EYNDE BOAZ			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 02:02.68 SB: no time
PB	5 0 M	1 0 0 M	
	no time	no time	
	no time		
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:2, starttime: 15:50
Heat: 2/17 Lane : 8 Athlete: VAN DEN WYNGAERT AXL			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:56.37 SB: no time
PB	5 0 M	1 0 0 M	
	no time	no time	
	no time		
			

Coach feedback:

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Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:3, starttime: 15:55
Heat: 3/17 Lane : 3 Athlete: PROVOST VIKTOR			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:4, starttime: 15:55
Heat: 4/17 Lane : 0 Athlete: COOREMAN VIKTOR			Q-time: 99:99:99
PB (50m pool): 01:32.77 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:29.13 SB: no time			
	5 0 M	1 0 0 M	
PB	00:46.30	01:32.77	
	00:46.30	00:46.47	
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:4, starttime: 15:55
Heat: 4/17 Lane : 1 Athlete: VAN LENT DAMAN SAM			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 01:49.69 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:5, starttime: 16:00
Heat: 5/17 Lane : 3 Athlete: CLAESSENS LARS			Q-time: 01:54:26
PB (50m pool): 01:54.26 Olympic Pool Wezenberg, Antwer 30/03/2025 PB (25m pool): 01:58.16 SB: no time			
	5 0 M	1 0 0 M	
PB	00:54.55	01:54.26	
	00:54.55	00:59.71	
			

Coach feedback:

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Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:6, starttime: 16:05
Heat: 6/17 Lane : 2 Athlete: STERCKX WARRE			Q-time: 01:48:69
PB (50m pool): 01:48.69 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:41.26 SB: no time			
	5 0 M	1 0 0 M	
PB	00:51.78	01:48.69	
	00:51.78	00:56.91	
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:8, starttime: 16:05
Heat: 8/17 Lane : 0 Athlete: LAUWERS KAMIEL			Q-time: 01:43:17
PB (50m pool): 01:43.17 Olympic Pool Wezenberg, Antwer 30/03/2025 PB (25m pool): 01:38.63 SB: no time			
	5 0 M	1 0 0 M	
PB	00:46.28	01:43.17	
	00:46.28	00:56.89	
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:13, starttime: 16:15
Heat: 13/17 Lane : 9 Athlete: LAUWERS RUBEN			Q-time: 01:29:26
PB (50m pool): 01:29.26 Olympic Pool Wezenberg, Antwer 30/03/2025 PB (25m pool): 01:28.27 SB: no time			
	5 0 M	1 0 0 M	
PB	00:40.97	01:29.26	
	00:40.97	00:48.29	
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:14, starttime: 16:20
Heat: 14/17 Lane : 9 Athlete: DE MAERSCHALCK POL			Q-time: 01:26:93
PB (50m pool): 01:26.93 Olympic Pool Wezenberg, Antwer 30/03/2025 PB (25m pool): 01:28.53 SB: no time			
	5 0 M	1 0 0 M	
PB	00:40.98	01:26.93	
	00:40.98	00:45.95	
			

Coach feedback:

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Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:1, starttime: 16:25
Heat: 1/20 Lane : 2 Athlete: VAN BEYLEN FLORA			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:17.03 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:1, starttime: 16:25
Heat: 1/20 Lane : 7 Athlete: MEERBERGEN FLO			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:33.48 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:3, starttime: 16:30
Heat: 3/20 Lane : 4 Athlete: AVONTS ILENA			Q-time: 01:28:98
PB (50m pool): 01:28.98 Olympic Pool Wezenberg, Antwer 30/03/25			PB (25m pool): 01:22.26 SB: no time
	5 0 M	1 0 0 M	
PB	00:43.47	01:28.98	
	00:43.47	00:45.51	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:4, starttime: 16:35
Heat: 4/20 Lane : 4 Athlete: DOUWEN ALEXIA			Q-time: 01:23:58
PB (50m pool): 01:23.58 Olympic Pool Wezenberg, Antwer 30/03/25			PB (25m pool): 01:17.80 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.45	01:23.58	
	00:40.45	00:43.13	
			

Coach feedback:

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Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:7, starttime: 16:40
Heat: 7/20 Lane : 0 Athlete: OP DE BEECK MONA			Q-time: 01:19:98
PB (50m pool): 01:19.98 Olympic Pool Wezenberg, Antwer 30/03/22 PB (25m pool): 01:16.59 SB: no time			
	5 0 M	1 0 0 M	
PB	00:37.39	01:19.98	
	00:37.39	00:42.59	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:8, starttime: 16:40
Heat: 8/20 Lane : 0 Athlete: MEYSMANS AXELLE			Q-time: 01:18:17
PB (50m pool): 01:18.17 Olympic Pool Wezenberg, Antwer 30/03/22 PB (25m pool): 01:15.49 SB: no time			
	5 0 M	1 0 0 M	
PB	00:36.89	01:18.17	
	00:36.89	00:41.28	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:2, starttime: 17:05
Heat: 2/18 Lane : 0 Athlete: GEENTJENS KOBE			Q-time: 99:99:99
PB (50m pool): 01:34.05 Izegem 25/06/2022 PB (25m pool): 01:26.69 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:34.05	
	no time		
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:2, starttime: 17:05
Heat: 2/18 Lane : 2 Athlete: STERCKX WARRE			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 01:28.06 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

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Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:2, starttime: 17:05
Heat: 2/18 Lane : 4 Athlete: PROVOST OSCAR			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:49.22 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:2, starttime: 17:05
Heat: 2/18 Lane : 5 Athlete: CLAESSENS LARS			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:31.87 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:2, starttime: 17:05
Heat: 2/18 Lane : 8 Athlete: VAN DEN EYNDE BOAZ			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:48.45 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:3, starttime: 17:05
Heat: 3/18 Lane : 0 Athlete: VAN LENT DAMAN SAM			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:35.98 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

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Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:3, starttime: 17:05
Heat: 3/18 Lane : 4 Athlete: PROVOST VIKTOR			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:30.52 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:3, starttime: 17:05
Heat: 3/18 Lane : 6 Athlete: LAUWERS RUBEN			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:19.41 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:4, starttime: 17:10
Heat: 4/18 Lane : 1 Athlete: COOREMAN VIKTOR			Q-time: 99:99:99
PB (50m pool): 01:30.44 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:27.06 SB: no time
	5 0 M	1 0 0 M	
PB	00:43.25	01:30.44	
	00:43.25	00:47.19	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:5, starttime: 17:10
Heat: 5/18 Lane : 1 Athlete: VAN DEN WYNGAERT AXL			Q-time: 01:36:32
PB (50m pool): 01:36.32 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:33.78 SB: no time
	5 0 M	1 0 0 M	
PB	00:47.71	01:36.32	
	00:47.71	00:48.61	
			

Coach feedback:

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Event number: 14: 100M BACKSTROKE MEN 11-16				Heat:5, starttime: 17:10	
Heat: 5/18 Lane : 8 Athlete: LAUWERS KAMIEL				Q-time: 01:38:28	
PB (50m pool): 01:38.28 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:34.53 SB: no time					
	5 0 M	1 0 0 M			
PB	00:48.22	01:38.28			
	00:48.22	00:50.06			
					

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16				Heat:11, starttime: 17:25	
Heat: 11/18 Lane : 4 Athlete: DE MAERSCHALCK POL				Q-time: 01:20:60	
PB (50m pool): 01:20.60 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:29.92 SB: no time					
	5 0 M	1 0 0 M			
PB	00:39.09	01:20.60			
	00:39.09	00:41.51			
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11-14					Heat:1, starttime: 17:40
Heat: 1/12 Lane : 1 Athlete: OP DE BEECK MONA					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): 03:09.52 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11-14					Heat:3, starttime: 17:50
Heat: 3/12 Lane : 7 Athlete: DOUWEN ALEXIA					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): 03:07.09 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

MEGA swim 26: Session: 2: COACH evaluation sheet for TEAM: RSCM

Event number: 15: 200M MEDLEY WOMEN 11-14					Heat:4, starttime: 17:55
Heat: 4/12 Lane : 2 Athlete: MEERBERGEN FLO					Q-time: 03:42:01
PB (50m pool): 03:42.01 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:56.34	01:49.20	02:51.22	03:42.01	
	00:56.34	00:52.86	01:02.02	00:50.79	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11-14					Heat:6, starttime: 18:00
Heat: 6/12 Lane : 8 Athlete: AVONTS ILENA					Q-time: 03:20:68
PB (50m pool): 03:20.68 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 03:24.36 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:44.03	01:34.62	02:33.27	03:20.68	
	00:44.03	00:50.59	00:58.65	00:47.41	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11-14					Heat:7, starttime: 18:05
Heat: 7/12 Lane : 0 Athlete: VAN BEYLEN FLORA					Q-time: 03:15:90
PB (50m pool): 03:15.90 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 03:14.96 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:48.15	01:39.09	02:32.29	03:15.90	
	00:48.15	00:50.94	00:53.20	00:43.61	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11-14					Heat:7, starttime: 18:05
Heat: 7/12 Lane : 7 Athlete: MEYSMANS AXELLE					Q-time: 03:13:75
PB (50m pool): 03:13.75 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 03:13.84 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:44.07	01:33.78	02:28.91	03:13.75	
	00:44.07	00:49.71	00:55.13	00:44.84	
					

Coach feedback: